

Biography

Dr. Nickolas G. Garbis is an orthopedic surgeon who specializes in shoulder and elbow surgery. He has interests in complex reconstruction of the shoulder, including reverse and total shoulder replacement.

Dr. Garbis grew up in the southwest suburbs of Chicago. He attended Northwestern University in Evanston, IL, and graduated with a Bachelor of Science in Biomedical Engineering, with a concentration in Biomaterials. While at Northwestern, he rowed for the Varsity Crew team. He earned his medical degree from the University of Illinois in Chicago, and then completed his Orthopedic Surgery residency training at Rush University Medical Center. After residency, he spent a year at Johns Hopkins University in Baltimore, Maryland. While there, he received fellowship specialty training in advanced shoulder and elbow surgery, including complex reconstruction, replacement, and arthroscopy. Dr. Garbis was also an assistant team physician for the Baltimore Orioles while in Baltimore. After his time at Johns Hopkins, he completed two 2-week independent observerships in advanced elbow surgery – one at the Mayo Clinic in Rochester, MN and the other at the Hand and Upper Limb Centre in London, Ontario.

Dr. Garbis joined the Department of Orthopaedics at Loyola University Medical center in 2013, and became the chief of the Shoulder and Elbow Division in 2016. He is board certified by the American Board of Orthopedic Surgery and a Fellow of the American Academy of Orthopaedic Surgeons. In addition to being a member of several professional societies, he was also recently elected as a member of the prestigious American Shoulder and Elbow Surgeons Society. He is involved in clinical and basic science research and has presented his research at numerous regional, national, and international meetings.

He has experience treating athletes at all levels, from high school to professional athletes. As a former collegiate athlete himself, he understands the rigors of competitive sports and will work with coaches, staff, and trainers to get the injured athlete back into the game safely.